

HealthyBlue® - EASY as 1, 2, 3



Beginning your journey down the road of health is as easy as 1, 2, 3. Below you'll find instructions to register for BlueNetSM to access HealthyBlue online tools and resources.

1. Register for BlueNet

- Go to azblue.com/HealthyBlue and select the registration link under the "Register for BlueNet" (located near the right of the page) and select the drop down box for the "Member" registration.
- Review the terms and conditions of the Web site and click "Accept" if you agree.
- The next screen will ask if you are a member or new enrollee. Select "member."
- On the next screen, enter the required registration information, and then choose a login ID, a password and a back-up security question.
- Congratulations! You are now registered for BlueNet online services.
- For assistance with BlueNet Registration, please contact Blue Cross Blue Shield of Arizona E-Commerce Services at (602) 864-4844 or (800) 650-5656, Monday through Friday, 8 a.m. – 4:30 p.m.

2. Get your biometric screenings at the scheduled health fair

- You will need to enter this data (blood pressure, waist measurement, glucose, total cholesterol and HDL) into My BluePrint Health Assessment

3. Take your My BluePrint Health Assessment

- Be sure to complete the My BluePrint Health Assessment before the end of the calendar month.
- Go to azblue.com/HealthyBlue and login to BlueNet, you will see "What's New" at the top of the page. Click on "My BluePrint Health Assessment".
- Follow the instructions on the subsequent pages to complete your My BluePrint health assessment.
- Once you complete the health assessment, be sure to take note of your score and take advantage of one of the many Healthy Living programs available to you and start enjoying the benefits of a "healthier" YOU!